



Emergency Referrals

Your
emergency
doctor
contacts
Winson Foot
and Ankle

Treatment
needs
discussed

Initial management
plan agreed on and
actioned

Contacted by our
team with
appointment/
surgery details

- Once Winson Foot and Ankle has been contacted by your emergency doctor or GP, your case will be reviewed by Dr Winson.
- Winson Foot and Ankle will liaise with your treating doctor as to the best initial management plan. This usually consists of temporary immobilisation in a cast or boot and appropriate analgesia.
- Dr Winson will decide when the best time to operate is. Often Foot and Ankle injuries require 7-10 days of elevation prior to surgery to ensure that the swelling has reduced. Operating prior to this can have an increased risk of complication.
- When a date and time of surgery have been decided on, our Practice Manager Mair will contact you with the pre-operative documentation and an estimate of costs. Dr Winson may need to see you for a pre-operative appointment to confirm the surgical plan.

On the day of your appointment:

- Please ensure that you wear appropriate footwear and clothing to enable ease of examination.
- Dr Winson will discuss your treatment plan during your appointment. This may include further imaging, a follow-up appointment, referral to an allied health professional or booking for surgery.
- If you are booked for surgery, Dr Winson will discuss the operation in detail and ask you to sign a consent form. If you would like to bring a relative or Medical Advocate to your appointment to aide you in your decision making, please feel free to do so.
- Following your appointment please see the front desk again to arrange the next stage of your care and complete payment for your consultation.

What if I am booked for surgery?

If you decide that you wish to proceed with surgery, we will arrange this after your appointment. Once Dr Winson has confirmed the surgical plan, our Practice Manager Mair will contact you with further information including an estimated price. Once you have completed the pre-operative paperwork, Mair will contact you to arrange a date for surgery.

Dr Winson operates at St Andrew's War Memorial, Brisbane Private and Mater Private. Mair will endeavour to book you on a list at your preferred institution at a time that suits you. Mair will inform you of your admission details including where and when you will need to present for your surgery. You will also be directed as to your pre-operative fasting times (Note that this may be different for children).

After surgery:

Each patient's post-operative needs are different and will be personalised accordingly. Typically, Dr Winson will see you at 2 and 6 weeks following your surgery. These appointment times will be confirmed when your surgery is booked.

It is likely that you will be unable to drive following your surgery and therefore you should ensure that you have made appropriate arrangements to get to and from your appointments.

Thank you for booking your appointment with Winson Foot and Ankle, we look forward to welcoming you to our rooms.